

How did the National government try to tackle the economic problem?



OR Silver Grove School

SET - C

CLASS- XI ISC

SUBJECT: HISTORY

TIME: 3:00 Hrs.

M.M. 80

Name:

Roll No.

Instructions to Candidates

- You are allowed an additional 15 minutes for only reading the question paper.
- You must NOT start writing during reading time.
- This question paper has 9 printed pages.
- There are three sections in the paper: A, B and C. Internal choices have been provided in two questions each in Sections B and C.
- Answer all questions.
- While answering Multiple Choice Questions in Section A, you are required to write ONLY one option as the answer.
- Section A consists of one question each sub part carrying one mark.
- Section B consists of eight questions each carrying four marks.
- Section C consists off our questions each carrying eight marks.
- The intended marks for questions are given in brackets [].

SECTION A – (1*16= 16 MARKS)

Question 1.

i) Who was the first inspector general of forests in India ?



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- ii) Where was Ryotwary settlement introduced ?
- iii) When did the permanent settlement come to an end in Bengal Subha ?
- iv) Who was Keshab Chandra Sen ?
- v) Who was Ishwar Chandra Vidyasagar ?
- vi) In which part of Western India female infanticide was commonly practiced ?
- vii) Who was Harish Chandra Mukherjee ?
- viii) Who was Kenglia ?
- ix) Who were Digambar and Vishnu Bishwas ?
- x) Which countries signed the Entente Cordiale in 1904 ?
- xi) What was the population of Europe during 19th century ?
- xii) Who was Abdul Hamid ?
- xiii) Who was the oldest of the Big Three ?
- xiv) Which channel was neutralized during Peace Treaty?
- xv) Which are the two houses in the American legislature ?
- xvi) Mention at least one way how the National government try to protect agriculture ?

SECTION B - (4*8=32 MARKS)

Question 2.

What was Ryotwary settlement of land revenue ?

Question 3.

Discuss the features of the Treaty of Versailles.

Question 4.

What was the economic impact of the growth of modern industries in India during British period ?

Question 5.

How did the Anglo Russian dispute were settled ?

Question 6.



Write a short note about the female Infanticide Act of 1870 in India .

Question 7.

Write a brief note about the Deccan Riots.

Question 8.

How German objection against the Versailles Treaty ?

Question 9.

What was the 'new deal'

How President Franklin D Roosevelt result introduce the new deal.

SECTION C - (8*4= 32 MARKS)

Question 10.

i) How the colonial forest policy is impact on local communities in India .

Or,

ii) Explain the causes of Indian backwardness in industry in the 19th century .

Question 11.

i) Discuss the contributions of Narayana Guru in the field of social reforms in Kerala.

Or,

ii) Discuss the role of Behramji Malabari in introducing the Age of Constant Bill of 1891.

Question 12.

i) Who was birsa Munda question mark how did birsa start the education again the authority ?

Or,

ii) Write the term and condition of the Versailles .

Question 13.

i) give the policy of epicment check Hitler's advancement ?

Or,



ii) Answer the follow questions.

What was the impact of the Great depression on Japan.

SILVER GROVE SCHOOL, MAHESHPUR

ISC CLASS XI-

PSYCHOLOGY

SAMPLE QUESTION PAPER -

SET C

Chapters 1-4 (up to the topic: Emotion)

Maximum Marks: 70

Time Allowed: Three Hours

Reading Time: Additional Fifteen Minutes

INSTRUCTIONS TO CANDIDATES

1. You are allowed an additional fifteen minutes for only reading the question paper.
2. You must NOT start writing during the reading time.
3. This question paper is divided into three sections and has 12 questions in all.
4. All questions are compulsory.
5. Section A has fourteen subparts. Each question carries 1 mark.
6. Section B has seven questions. Each question carries 4 marks.
7. Section C has four questions. Each question carries 7 marks.
8. Internal choices have been provided in two questions in Section B and one question in Section C.
9. The intended marks for questions are given in brackets [].

SECTION A-14 MARKS

Question 1

1. The school of Psychology that focused on the observable behaviour of individuals is: [1]
(a) Structuralism (b) Behaviourism (c) Functionalism (d) Psychoanalysis
2. William James is most closely associated with: [1]
(a) Structuralism (b) Functionalism (c) Behaviourism (d) Gestalt Psychology
3. In an experiment, the factor deliberately changed by the researcher is called the: [1]
(a) Dependent variable (b) Independent variable (c) Extraneous variable (d) Control
4. A tentative explanation that can be tested scientifically is known as a: [1]
(a) Theory (b) Hypothesis (c) Conclusion (d) Observation
5. The process by which sensory receptors receive stimulation from the environment is called: [1]
(a) Perception (b) Sensation (c) Attention (d) Interpretation
6. The tendency to perceive objects that are close to one another as belonging together is called: [1]
(a) Closure (b) Similarity (c) Proximity (d) Continuity
7. Which of the following is a binocular cue for depth perception? [1]
(a) Interposition (b) Linear perspective (c) Retinal disparity (d) Relative size
8. Which one of the following is generally considered a basic emotion? [1]
(a) Fear (b) Pride (c) Jealousy (d) Guilt
9. Fill in the blank: The scientific study of behaviour and mental processes is called _____.
(1)
10. Fill in the blank: The minimum intensity of a stimulus required for its detection is known as the threshold. [1]
11. State whether the following statement is True or False: A case study involves an intensive study of an individual or a small group. [1]
12. State whether the following statement is True or False: Perception is completely independent of a person's previous experiences. [1]



13. Name the psychologist associated with the Gestalt school of Psychology. [1]

14. Name the theory of emotion which proposes that physiological arousal and emotional experience occursimultaneously. [1]

SECTION B-28 MARKS

Question 2

(a) What is Psychology? Explain any two goals of Psychology. [4]

Question 3

(a) Explain the following terms in the context of psychological research: (1) Population (2) Sample (3) Hypothesis (4) Variable. [4]

OR

(b) Explain the survey method and case study method of studying behaviour. Mention one limitation of either method. [4]

Question 4

(a) What is sensation? Explain the role of sensory receptors in sensation. [2]

(b) Differentiate between absolute threshold and difference threshold. [2]

Question 5

(a) What is attention? Explain any two external determinants of attention. [4]

OR

(b) Explain the following Gestalt principles of perceptual organisation: Similarity, Closure, Proximity and Continuity. [4]

Question 6

(a) What is depth perception? Explain the difference between monocular and binocular cues of depth perception, giving one example of each. [4]

Question 7

(a) Define emotion. Explain the following three components of emotion: (1) Subjective experience (2) Physiological changes (3) Overt expression. [4]

Question 8

(a) Explain the James-Lange theory of emotion. [2]

(b) State two criticisms of the James-Lange theory. [2]

SECTION C-28 MARKS

Question 9

(a) Describe the following schools of Psychology: Structuralism, Functionalism, Behaviourism and Gestalt Psychology. [5]

(b) Mention the contribution of any two of the above schools to the development of Psychology. [2]

Question 10

A psychologist wishes to study whether the presence of background music affects students' performance on a memory task. Two groups of students are given the same memory task. One group performs the task in silence, while the other performs it while background music is played..

(a) Identify the independent variable. [1]

(b) Identify the dependent variable. [1]

(c) What is meant by a control group? [1]

(d) Explain any two advantages of the experimental method. [2]

(e) Why is it important to select an appropriate sample for psychological research? [2]

Question 11

(a) Differentiate between sensation and perception. [2]

(b) Explain: (1) Perceptual organisation (2) Perceptual constancy (3) Depth perception. [3]

(c) What is an illusion? Give one suitable example. [2]

Question 12

(a) Explain the Cannon-Bard theory of emotion. How does it differ from the James-Lange theory? [4]

(b) Discuss the physiological basis of emotion with reference to: (1) Thalamus (2) Hypothalamus (3) Limbic system. [3]

OR

(a) Explain the Schachter-Singer theory of emotion. [4]

(b) Explain the subjective, physiological and overt components of emotion. [3]

TOTAL: 70 MARKS

SYLLABUS: Chapters 1-4, with Chapter 4 restricted to the topic: Emotion

POLITICAL SCIENCE – CLASS XI

Sample paper

Set -c

Time: 3 Hours

Maximum Marks: 80

Instructions to Candidates:

Answers to this Paper must be written on the answer sheet provided separately.

You must NOT start writing during reading time.

The time given at the head of the Paper is the time allowed for writing the answers.

There are 20 questions in the paper.

All questions are compulsory.

The paper is divided into two sections: A and B.

Section A contains short-answer questions. Each question carries 2 marks.

Section B contains long-answer questions. Each question carries 6 marks.

The intended marks for questions or parts of questions are given in brackets [].

SECTION A — 20 Marks

Answer all questions. Each question carries 2 marks.

Q1. What is meant by the normative approach to the study of Political Science? [2]

Q2. Mention any two differences between Political Science and History. [2]

Q3. What is meant by nationality? Mention one factor that promotes nationality. [2]

Q4. State any two essential conditions for the formation of a Nation-State. [2]

Q5. What is meant by the Evolutionary Theory of the origin of the State? [2]

Q6. Mention any two factors responsible for the growth of the State according to the Evolutionary Theory. [2]

Q7. What is meant by legal sovereignty? [2]

Q8. Distinguish between internal sovereignty and external sovereignty. [2]

Q9. What was the significance of Mikhail Gorbachev's policies of Glasnost and Perestroika? [2]

Q10. What is meant by unipolarity in international politics? [2]

SECTION B — 60 Marks

Answer all questions. Each question carries 6 marks.

Q11.

Define Political Science and discuss its relationship with Society, Economics and Law. Explain how these disciplines help in understanding political life. [6]

Q12.

Explain the concept of Nation. Discuss any four factors that contribute to the development of a national consciousness. [6]

Q13.

Explain the Force Theory regarding the origin of the State. Discuss its major arguments and examine any two limitations of the theory. [6]

Q14.

What is meant by the Evolutionary Theory of the State? Explain the role played by the following factors in the evolution of the State:

(a) Kinship

(b) Religion

(c) War and conquest

(d) Economic factors [6]

Q15.

Define sovereignty and explain the distinction between absolute sovereignty and popular sovereignty. Why is popular sovereignty important in a democracy? [6]

Q16.

Discuss the Pluralist Theory of Sovereignty. How did pluralist thinkers challenge the idea of the State as the sole and supreme source of authority? [6]

Q17.

What is Law? Explain the following sources of law:

(a) Customs

(b) Judicial decisions

(c) Legislation

(d) Equity [6]

Q18.

Explain the circumstances that led to the emergence of the Cold War after the Second World War. Discuss the role of ideological rivalry and military alliances in its development. [6]

Q19.

Discuss the major reasons for the weakening of the Soviet system during the 1980s. Explain how Gorbachev's reforms contributed to the political changes that followed. [6]

Q20.

Explain the emergence of the United States as the dominant power after 1991. Discuss the meaning of U.S. unilateralism and examine its impact on international relations with suitable reference to the Iraq War of 2003. [6]

ENGLISH PAPER 1 (LANGUAGE)

CLASS XI — SAMPLE QUESTION PAPER 3

Maximum Marks: 80 Time Allotted: 3 Hours

Instructions

* You are allowed an additional 15 minutes for only reading the question paper.

- * You must NOT start writing during reading time.
- * The paper has four questions in all.
- * Answer all questions.
- * You are advised to spend not more than 45 minutes on Question 1, 55 minutes on Question 2, 30 minutes on Question 3 and 50 minutes on Question 4.
- * You should begin each answer on a fresh page.
- * The intended marks for questions are given in brackets \[\].

QUESTION 1

Write a composition (in approximately 400–450 words) on any one of the following subjects. \[20\]

You are reminded that you will be rewarded for the orderly and coherent presentation of the matter, use of appropriate style and general accuracy of spelling, punctuation and grammar.

- (i) You recently visited a village fair with your family. Describe the sights, sounds and activities you witnessed. What made the experience memorable?
- (ii) Suppose you found an old diary in your school library that contained entries written by a student from fifty years ago. Narrate what happened after you began reading it and how it influenced your thoughts.
- (iii) “Technology has made education more accessible, but it cannot replace the importance of a teacher.” Express your views either FOR or AGAINST the statement.
- (iv) The Value of Time
- (v) “The greatest lessons in life are often learnt from failure.” Present your reflections on this statement.
- (vi) Write a story based on the following words:
> “The letter had arrived after twenty years, but its message was still important.”

QUESTION 2

(a)

Write an article for your school magazine entitled:

“The Importance of Environmental Awareness Among Students”

Base your article on the following points. You may include other relevant details. \[15\]

- * Growing environmental problems in modern society
- * Importance of awareness among young people

- * Conservation of water, energy and natural resources
- * Reducing plastic waste and maintaining cleanliness
- * Role of schools, teachers and eco-clubs
- * Sustainable habits in daily life
- * Encouraging students to become responsible citizens

(b)

As a member of the Students' Council of your school, you have been given the responsibility of setting up a "Community Service Club" in your school.

Write a proposal, in not more than 150 words, stating the steps you would take to establish and successfully run this club. \[10\]

QUESTION 3

Answer sub-parts (i), (ii) and (iii).

(i)

Rewrite the following sentences according to the instructions given after each of them. \[5\]

(a)

(I) He was too nervous to speak before the audience.

(II) He was so

(b)

(I) As soon as the bell rang, the students entered the classroom.

(II) No sooner

(c)

(I) I regret that I ignored my teacher's advice.

(II) I wish

(d)

(I) "Do not waste your time on unnecessary activities," the mentor said to the students.

(II) The mentor advised

(e)

(I) Very few cities in India are as ancient as Varanasi.

(II) Varanasi is

(ii)

In the following sentences, replace the INCORRECT underlined words to make the sentences meaningful and grammatically correct. Do not copy the sentences. \[5\]

- (a) The teacher called on the students to maintain discipline.
- (b) She is looking for a solution to the problem.
- (c) The principal called off the meeting due to heavy rain.
- (d) He came across an interesting book while arranging the shelves.
- (e) The new policy has brought about several positive changes.
- (f) The dishonest employee tried to get away with his mistake.
- (g) We must stand by our promise.
- (h) The committee will look into the matter carefully.
- (i) The car broke down before we reached the station.
- (j) The child takes after his father in appearance and habits.

(iii)

Fill in the blanks in the passage given below with the appropriate form of the verb given in brackets. Do not write the passage, but write the verbs in the correct order. \[5\]

For many years, people (1) _____ (ignore) the importance of preserving traditional crafts. Skilled artisans (2) _____ (pass) their knowledge from one generation to another. However, modern lifestyles (3) _____ (cause) many young people to lose interest in these crafts. In recent times, several organisations (4) _____ (work) to revive traditional art forms. When the exhibition opened last month, many visitors (5) _____ (admire) the beautiful handmade products. The organisers also (6) _____ (conduct) workshops for school students. If more people (7) _____ (support) local artisans, these crafts (8) _____ (survive) for future generations. It is therefore essential that everyone (9) _____ (recognise) their cultural value and (10) _____ (contribute) to their preservation.

QUESTION 4

Read the passage given below and answer the questions (i), (ii) and (iii) that follow. \[20\]

THE POWER OF DETERMINATION

1. The annual science exhibition at Green Valley School was only a week away. Students from different classes had been preparing models and experiments for several months. Among them was fourteen-year-old Rohan, who had decided to present a model of a water-saving irrigation system. He believed that the project could help farmers use water more efficiently.

2. Rohan had spent many evenings designing the model with the help of his science teacher. The system used a small pump, pipes and a moisture sensor to supply water only when the soil became dry. Although the model was simple, Rohan was proud of his work. He hoped that it would encourage others to think about practical solutions to environmental problems.

3. Two days before the exhibition, Rohan switched on the model for its final test. To his disappointment, the pump stopped working after a few minutes. He checked the wires and connections, but nothing seemed to solve the problem. His classmates suggested that he abandon the project and prepare something easier.

4. Rohan felt discouraged, yet he refused to give up. He remembered his teacher's advice that every mistake could become an opportunity to learn. He carefully examined the model again and discovered that a small piece of dirt had blocked the pump. After cleaning it, he tested the system once more. This time, the pump worked, but the moisture sensor still failed to respond.

5. The next morning, Rohan visited a local electronics shop with his uncle. The shopkeeper examined the sensor and explained that one of its wires had been damaged. He gave Rohan a replacement wire and showed him how to connect it safely. Rohan thanked him and returned home with renewed confidence.

6. That evening, Rohan repaired the sensor and tested the entire system. The pump started automatically when the soil became dry and stopped when sufficient water had been supplied. Rohan was delighted. He also prepared a clear chart explaining how the system could reduce water wastage in farms and gardens.

7. On the day of the exhibition, many students and parents visited Rohan's stall. He demonstrated the working model and answered questions confidently. The judges appreciated the usefulness of his idea and the effort he had made to improve it. They awarded his project the first prize in the environmental innovation category.

8. When Rohan received the prize, he thanked his science teacher, his uncle and the shopkeeper. He said that the award was not merely a reward for success but also a reminder that patience and determination could turn difficulties into achievements. His experience inspired several younger students to approach their own projects with greater confidence.

(i)

(a)

Find a single word from the passage that will exactly replace the underlined word or words in the following sentences: \[3\]

* The athlete was deeply disappointed and disheartened after losing the final.

* The two villages were supplied with water through a new pipeline.

* The engineer carefully examined the machine before repairing it.



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(b)

For each of the words given below, write a sentence of at least 10 words using the same word with a different meaning from that which it carries in the passage. \[3\]

* model

* chart

* prize

(ii)

Answer the following questions in your own words:

(a) Why did Rohan initially feel discouraged about his science project? \[2\]

(b) What helped Rohan repair the moisture sensor successfully? \[2\]

(c) Why did Rohan consider the prize more than a reward for winning? \[2\]

(iii)

Summarise what happened from the time Rohan discovered that his model was not working until the time he received the first prize (paragraphs 3 to 7).

You are required to write the summary in the form of a connected passage in 100 words. Failure to keep within the word limit will be penalised. \[8\]

Hindi

Set -C



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Question 1

कसी एक वषय पर नबंध ल खए, जो 400 शब्दों से कम न हो:

(1) “अनुशासन का महत्व” वषय पर अपने वचार ल खए।

(2) आपने हाल ही में जो कोई एक सा हित्यक या सांस्कृ तक काय क्रम देखा हो, उसका वण न करते हुए बताइए

क उसने आपको कस प्रकार प्रभा वत कया।

(3) सूखा (अनावृष्ट) एक प्राकृ तक आपदा है जो जन-जीवन को बुरी तरह प्रभा वत करती है। इस वषय पर

नबंध ल खए।

(4) भारत की स्वतंत्रता में म हलाओं का योगदान।



(5) इंटरनेट के बढ़ते प्रभाव से क्या हमारे पारंपरिक मूल्यों को खतरा है? पक्ष या विपक्ष में अपने विचार लिखिए।

(6) निम्न लिखित में से किसी एक पर मौलिक कहानी लिखिए:

(a) अचानक बजली चली गई और पूरा शहर अंधकार में डूब गया।

(b) एक ऐसी कहानी लिखिए जिसका अंतिम वाक्य हो — “तभी मुझे सच्चाई का पता चला।”

[10]

Question 2

निम्न लिखित अवतरण को पढ़कर अंत में दिए गए प्रश्नों के उत्तर अपने शब्दों में दीजिए।

अयोध्या के राजा हर्षचंद्र अपने सत्यवचन और दानशीलता के लिए प्रसिद्ध थे। उन्होंने अपने जीवन में



कभी असत्य का सहारा नहीं लया, चाहे प रिस्थ तयाँ
कतनी भी क ठन क्यों न हो जाएँ। एक बार ऋष

वश्वा मत्र ने उनकी परीक्षा लेने का नश्चय क्या और
स्वप्न में राजा से उनका संपूण राज्य दान में माँग

लया। जागने पर राजा ह रश्चंद्र ने अपने दए गए वचन
को सत्य मानकर अपना राज्य, धन-संपत्त और

महल — सब कुछ वश्वा मत्र को दान कर दया।
इतना ही नहीं, वश्वा मत्र ने दक्षणा के रूप में और
धन

की माँग की। राजा के पास अब कुछ भी शेष नहीं था,
इस लए उन्होंने अपनी पत्नी तारामती और पुत्र

रो हताश्व के साथ काशी जाकर स्वयं को एक श्मशान
घाट के रक्षक के यहाँ बेच दया। वहाँ उन्हें कठोर

श्रम करना पड़ता था और शव जलाने के बदले शुल्क
वसूलना पड़ता था। दुभा ग्य से उनके पुत्र रो हताश्व

की सप -दंश से मत्ृत्यु हो गई, और जब उनकी पत्नी



उसका शव लेकर श्मशान आई, तो राजा ने उसे पहचानकर भी शुल्क लिए बना दाह-संस्कार करने से इनकार कर दिया, क्यों कि अपने स्वामी से लिए वचन का पालन करना उनका धर्म था। इस अटूट सत्य नष्ठा को देखकर देवता प्रसन्न हुए, उनके पुत्र को पुनर्जन्म देकर दिया और राजा हरिश्चंद्र को उनका राज्य पुनः लौटा दिया।

प्रश्न

- (i) राजा हरिश्चंद्र किस गुण के लिए प्रसिद्ध थे?
- (ii) विश्वामित्र ने राजा की परीक्षा किस प्रकार ली?

[4]

(iii) अपना राज्य दान करने के बाद राजा हरिश्चंद्र को क्या करना पड़ा?

(iv) श्मशान घाट पर राजा हरिश्चंद्र के सामने कौन-सी कठिन परीक्षा आई, और उन्होंने क्या किया? [4]



(v) प्रस्तुत गद्यांश से आपको क्या शक्षा मलती है?
समझाकर ल खए। [4]

Question 3

a) नम्न ल खत वाक्यों को शुद्ध करके ल खए।

(i) राधा घर को जा रही है।

(ii) यह मेरी पुस्तकें हैं।

(iii) बच्ची रोटी खा रहा है।

(iv) सड़क पर बहुत सारा भीड़ है।

(v) मोहन की माता जी बहुत अच्छा है।

(b) नम्न ल खत मुहावरों का वाक्य में प्रयोग करें।

(i) उल्टी गंगा बहाना

(ii) मुँह की खाना

(iii) दूध का दूध पानी का पानी करना

(iv) हाथ मलना



(v) कलेजा मुँह को आना

खंड ग

सारा आकाश (कसी एक प्रश्न के उत्तर दीजिए)

[10]

प्रश्न 9)

समर की माँ अथवा समर के पता का चरित्र- चित्रण
'सारा आकाश' के आधार पर कीजिए।

प्रश्न 10)

'सारा आकाश' उपन्यास में चरित्र संयुक्त परिवार
व्यवस्था पर एक लेख लिखिए।

प्रश्न 11)

समर और प्रभा के दंपत्य जीवन में आए तनाव के
आधार पर निम्नलिखित प्रश्नों के उत्तर अपने शब्दों में
दीजिए।



(क) समर और प्रभा के बीच शुरुआती दूरी के क्या कारण थे?

(ख) यह दूरी धीरे-धीरे कन प रिस्थ तयों के कारण कम होती है?

(ग) उपन्यास में प्रभा के च रत्र का क्या महत्व है?

(घ) इस उपन्यास के माध्यम से लेखक हमें दांपत्य जीवन के वषय में क्या संदेश देना चाहते हैं?

PHYSICAL EDUCATION

ISC XI

(THEORY)

Set -C

Maximum Marks: 70



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Time Allowed: Three Hours

*(Candidates are allowed **additional 15 minutes** for **only** reading the paper.*

*They must **NOT** start writing during this time.)*

*Answer **all** questions in **Section A** and **Section B**.*

*Answer **all** questions on **any two** games in **Section C**.*

The intended marks for questions or parts of questions are given in brackets [].

SECTION A-15 MARKS

Question 1

(i) physical education is the activity related with

- (a) Reading and writing
- (b) playing video game
- (c) activities of big muscles
- (d) watching sports matches

(ii) Motivation depends upon:

- (a) Internal factors
- (b) External factors
- (c) Reward and honour to do better
- (d) All of the above



(iii) in game the movement changes according to

- (a) own team members**
- (b) opponent**
- (c) pre decided**
- (d) all**

(iv) Energy source for long workout in players is :

- (a) Simple Carbohydrates**
- (b) Complex Carbohydrates**
- (c) Essential Proteins**
- (d) Non-essential proteins**

(v) What should be the healthy person(Man) BMI score ?

- (a) Less then 20**
- (b) Between 21 to 25**
- (c) Between 26 to 30**
- (d) Above 31**



(vi) play is.....

(vii) helps the person to stimulate the activity its attainment.

(viii) The pancreas Glands helps in the digestion of.....

(ix) Roughage.....food.

(x) Cause of obesity.....

(xi) How would you define interest?

(xii) What do you mean by good Leader.

(xiii) What is the importance of Vitamin C ?

(xiv) state the working of heart.

(xv) Write a note on Modern Olympic.

SECTION -B (25 MARKS)

(230-270 words)

Question-2 Explain the aim and objective of physical education

[5]



Question -3 Explain the role of Micronutrients in our diet ? [5]

Question -4 How would you check the Minimum General Motor Fitness of the person? [5]

Question -5 Explain the following terms:

A. IOA. B. IOC. C. NOC. D. IFs. E. SAI [5]

Question -6 A Leader's responsibility is to see that the plans of the groups are put into execution. Elaborate. [5]

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SECTION - C (30 MARKS)

(BADMINTON)

Question -7.

(i) Answer the following question -



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A. Define the following:

(a).Deuce. (b). Back gallery. (c). Net Drop
[3]

B. What is the height of the net. [1]

C. What is the size of badminton court (singles) [1]

(ii) What is the difference between Drop and Smash? [5]

(iii) What are the duties of an Umpire ? Explain any 5 duties [5]

Question -8. (VOLLYBALL)

(i) Answer the following question.

A. Mention only three duties of the lineman. [3]

B. How many timeouts is a team allowed per game ?
[1]

C. What will be the decision of the referee if the ball touches the net and falls into the opponent's court during service? [1]



(ii) Explain the following terms :

(a) Libero. (b) Setter. (c) Attack line.

(d) Service-Zone (e). Block [5]

(iii) Draw a well -labelled diagram of volleyball court along with free zone area. [5]

